

DAY 1	2014 PHILIPPINE NATIONAL GAMES (Powerlifting)
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New PH records

Open records	13
Junior record	15
Sub-Junior record	16
Master record	4

Name	Team	Bwt (kg)	Best SQ	Best BP	Best DL	PL Total	Wilks Pts
WOMEN Juniors (below 45kg)- rank by Wilks							
Joan Masangkay	Cyber Muscle	42.2	65	32.5	90	187.5	271.256
Jena Mae neri	NEU Barbel	42.9	65	27.5	77.5	170	243.372
Mia Masangkay	Cyber Muscle	44.4	55	27.5	70	152.5	213.424
Mia Marie Tapanan	NEU Barbel	42.7	0	0	0	0	0.000
WOMEN Juniors (45-52kg) - rank by Wilks points							
Jasmine Martin	Gayanes Gorillas	48	97.5	55	150	302.5	400.631
Myris Supnad	University of the Philippines	50.7	65	42.5	95	202.5	257.398
Avie Soledad	Leyte Sports Academy	46.5	60	30	80	170	230.401
Blanche Barrun	NEU Barbel	52	67.5	30	85	182.5	227.505
WOMEN Juniors (above 52kg) - rank by Wilks							
Jane Guterrez	Gayanes Gorillas	56.3	97.5	50	150.5	298	349.167
Mia Del Mundo	University of the Philippines	71.3	90	50	147.5	287.5	282.440
Margarette Angulo	University of the Philippines	68.3	95	50	125	270	273.267
Donna Velasco	University of the Philippines	55.9	75	42.5	105	222.5	262.172
Sharmaine Artizuela	Cyber Muscle	71.3	75	37.5	100	212.5	208.760
WOMEN Open (below 52kg) - rank by Wilks points							
Leslie Evangelista	UP Party Shaker	51.6	110	62.5	150	322.5	404.447
Victorina Calma	Gayanes Gorillas	51.2	80	55	120	255	321.708
May Estrera	Gold's Gym	42	75	42.5	75	192.5	279.317
Alexis Umlas	Guagua	45.8	55	30	90	175	239.732
WOMEN Open (above 52kg) - rank by Wilks points							
Betina Bordeos	Crossfit Manila	62.2	117.5	70.5	160	348	377.371
Angeline Feliciano	Team Alpha	62.6	125	52.5	130	307.5	331.854
Ethel Garcia	Guagua	68.1	115	60	120	295	299.189
Annette Ferrer	Zest Power Gym	77.1	105	50	130	285	266.390

Place	Remarks
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Gold	All are also 43kg Sub-Junior records
Silver	
Bronze	

Gold	52kg Jr records
Silver	52kg Sub-Jr records
Bronze	47kg Sub-Jr records

Gold	DL is also a 57kg Jr record
Silver	DL is also a 72kg Jr record
Bronze	BP is also a 72kg Sub-Junior record

Gold	52kg Open records
Silver	52kg Master I records
Bronze	

Gold	63kg Open records
Silver	63kg Open record
Bronze	72kg Open record 84kg Open record

Y 2 | 2014 PHILIPPINE NATIONAL GAMES (Powerlifting)

Records

Records	18
Records	16
Records	23
Records	4
Records in all	61

	Team	Bwt (kg)	Best SQ	Best BP	Best DL	PL Total	Wilks Pts	Place	Remarks
Men's 52kg - rank by Powerlifting Total									
Alfonso	Leyte Sports Academy	51.2	95	57.5	135	287.5	286.781	Gold	50, Total are also 53kg Sub-Junior records
Francisco	Cyber Muscle	52	85	65	132.5	282.5	277.217	Silver	
Dee	NEU Barbel	51.6	107.5	62.5	0	0	0.000		
Jose	NEU Barbel	46.1	0	0	0	0	0.000		
Men's 59kg - rank by Wilks points									
Eniel Ngo	Eclipse	57.6	120	75	165	360	318.924	Gold	
Alano	Iron Quest	59	120	77.5	140	337.5	292.342	Silver	
Ed	NEU Barbel	52.2	85	60	140	285	278.530	Bronze	DL is also 53kg Sub-Junior record
Villafuerte	NEU Barbel	56.4	97.5	65	135	297.5	268.970		
Andad	NEU Barbel	53	85	60	130	275	264.578		
Men's 66kg - rank by Powerlifting Total									
Ala	Gold's Gym	66	180	107.5	197.5	485	380.822	Gold	66kg Jr records
Enio	University of the Philippines	62.3	152.5	75	165	392.5	323.655	Silver	
John Bais	Leyte Sports Academy	65	132.5	65	175	372.5	296.212	Bronze	66kg Sub-Jr records
Enite	Iron Quest	65.3	130	80	140	350	277.270		
Tiquia	Individual	63.4	95	60	130	285	231.477		
Men's 74kg - rank by Powerlifting Total									
Alig	Iron Quest	68.5	150	97.5	190	437.5	333.419	Gold	
	Gayanes Gorillas	71.9	100	60	230.5	390.5	286.822	Silver	DL is also a 74kg Jr record
Enardo	NEU Barbel	73	130	90	165	385	279.664	Bronze	
Enca	Crossfit Manila	73.3	122.5	82.5	155	360	260.712		
Enocila	NEU Barbel	71.7	112.5	65	140	317.5	233.680		

s 74+kg - rank by Wilks points

abuque	Zest Power Gym	120.1	200	162.5	250	612.5	352.065
to	University of the Philippines	102.5	215	135	232.5	582.5	351.131
azo	Zest Power Gym	90.7	200	130	190	520	330.668
rga	Gayanes Gorillas	78.3	125	120	220.5	465.5	322.219

Gold

Silver

Bronze

BP, DL, Total are also 120+kg Jr records

SO is also 105kg Jr record

93kg Jr records

83kg Jr record