



A Full Member of the International Rugby Board and Asian Rugby Football Union – an Asian Sports Federation recognized by the Olympic Council of Asia



POC-PSC PHILIPPINE NATIONAL GAMES

POC-PSC-PNG PRFU 7s Competition Rules



POC-PSC NATIONAL GAMES PRFU 7S LEAGUE COMPETITION RULES

1. The games will be played under the laws of Rugby Football as framed by the International Rugby Board (IRB) as amended by these rules. NOTE: The laws require a minimum of 3 players in a scrum; 2 players in a lineout.
2. Playing times for all games will be **10 MINUTES** straight with **rolling substitutions**. Playing time for all finals will be **7 MINUTES EACH WAY** with a 2-minute half time break. All subs must be listed on the team waiver sheet, with a maximum of 12 players selected for each team. Any changes must be approved by the Tournament Director and changes to the team lineup should only be made for injured players who cannot play in the games due to injury.
3. ALL kick-offs, kicks at goal, or penalty goal **MUST** be taken by a **DROP KICK** and completed within 40 seconds of being awarded.
4. In all games played, the official time keeper and/or referee shall be the judge of time.
5. The team listed first will kick-off at the southern end of the field.
6. The team scoring takes the kick-off to restart play.
7. There will be no time off allowed for injuries. There will be an ambulance and first aid staff on call at the field. Any injuries requiring hospitalization or treatment are at the expense of the individual player or the players' club.
8. Each team must register no more than 12 players per team at the Official Tent no later than one hour prior to the first game kick-off. Please refer to the tournament schedule for game times.
9. Players may be interchanged with reserves during the game. The number of interchanges is unlimited and a player previously replaced may return to the game.
10. During a game, players can make interchanges at the sideline through the match official or after a try is scored. A player does not need to approach the match official for an interchange after a try. Teams must only have 7 players on the field at the restart of play. During play, the replacing player may not take the field until the replaced player has left the field enclosure. This can be done at either side of the field.
11. Should a squad be reduced to less than 8 players due to injuries and an inability to participate in subsequent matches, substitute players may be obtained from any of the teams in the same division or below, provided the substitution is sanctioned by the Tournament Director after advice from the Tournament Medical Officer.

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POC-PSC NATIONAL GAMES PRFU 7S LEAGUE COMPETITION RULES –cont.

12. The minimum number of players that a team must have to commence a game is 5.
13. Any player receiving a Yellow Card (Sin-Binned) will be penalized for a 2-minute duration. The player must report to the match official located at the halfway line by the designated “sin bin” chair. Time for the sin bin starts when the player takes their seat. The match official will reintroduce the player to the game when they have timed 2 minutes of playing time.
14. Any player receiving a Red Card (Sent Off) is prohibited from playing the remainder of the current game and any games for the remainder of the tournament. There will be PRFU Citation Officers watching each game and teams will have a period of ONE HOUR after the game with incident to report a citation. PRFU will have video recordings of each game and the Tournament Director and Citation Officers will adjudicate in the event a player(s) must report before PRFU judiciary. The player(s) club will be notified if with occurs at the tournament.