

PSC- PHILIPPINE NATIONAL GAMES

December 17-22, 2023

TECHNICAL GUIDELINES FOR BOXING

I- Rules and Regulations

IBA Technical and Competition Rules dated May 13, 2023

II- Eligibility

- A. Only PSC accredited men and women athletes aging **17-25** years old can participate in boxing in the weight categories listed below. *(Note: Boxer's age is computed by subtracting his year of birth from the year of the Competition)*
- B. Must be physically fit as certified by a Medical Doctor within one month from the first day of the competition
- C. Must belong to a team endorsed by their respective Local Government Unit
- D. Eligibility of boxers on medical-related issues shall be referred to Rule 4.2.6 of the IBA Technical and Competition Rules

I- Age Classification and Weight Categories

AGE CLASSIFICATION	AGE	YEAR OF BIRTH	Weight Category	WEIGHT RANGE
Youth Men	17-18 y/o	2005- 2006	Flyweight	Over 48- 51 kg
Youth Men	17-18 y/o	2005- 2006	Bantamweight	Over 51- 54 kg
Youth Men	17-18 y/o	2005- 2006	Featherweight	Over 54 kg- 57 kg
Youth Men	17-18 y/o	2005- 2006	Lightweight	Over 57 kg- 60 kg
Youth Men	17-18 y/o	2005- 2006	Light Welterweight	Over 60 kg- 63.5 kg
Youth Men	17-18 y/o	2005- 2006	Welterweight	Over 63.5- 67 kg
Youth Men	17-18 y/o	2005- 2006	Light Middleweight	Over 67 kg- 71 kg
Youth Women	17-18 y/o	2005- 2006	Light Flyweight	Over 48 kg- 50 kg
Youth Women	17-18 y/o	2005- 2006	Flyweight	Over 50 kg- 52 kg
Youth Women	17-18 y/o	2005- 2006	Bantamweight	Over 52 kg- 54 kg
Youth Women	17-18 y/o	2005- 2006	Featherweight	Over 54 kg- 57 kg
Youth Women	17-18 y/o	2005- 2006	Lightweight	Over 57 kg- 60 kg

Note: Boxer's age is computed by subtracting his year of birth from the year of the Competition.

AGE CLASSIFICATION	AGE	YEAR OF BIRTH	Weight Category	WEIGHT RANGE
Elie Men	19-25 y/o	1998- 2004	Flyweight	Over 48- 51 kg
Elie Men	19-25 y/o	1998- 2004	Bantamweight	Over 51- 54 kg
Elie Men	19-25 y/o	1998- 2004	Featherweight	Over 54 kg- 57 kg
Elie Men	19-25 y/o	1998- 2004	Lightweight	Over 57 kg- 60 kg
Elie Men	19-25 y/o	1998- 2004	Light Welterweight	Over 60 kg- 63.5 kg
Elie Men	19-25 y/o	1998- 2004	Welterweight	Over 63.5- 67 kg
Elie Men	19-25 y/o	1998- 2004	Light Middleweight	Over 67 kg- 71 kg

Elite Women	19-25 y/o	1998- 2004	Light Flyweight	Over 48 kg- 50 kg
Elite Women	19-25 y/o	1998- 2004	Flyweight	Over 50 kg- 52 kg
Elite Women	19-25 y/o	1998- 2004	Bantamweight	Over 52 kg- 54 kg
Elite Women	19-25 y/o	1998- 2004	Featherweight	Over 54 kg- 57 kg
Elite Women	19-25 y/o	1998- 2004	Lightweight	Over 57 kg- 60 kg

Note: Boxer's age is computed by subtracting his year of birth from the year of the Competition.

III- Number of Boxers per Team

A. Each team may send up to twelve (12) boxers only representing each weight category as listed above.

B. These boxers will be listed on the Entry Form to be submitted during the Sport Entries Check

IV- Sport Entries Check

- A. Two days before the first day of the actual boxing competition, the Sport Entries Check shall take place. This may be adjusted by the Tournament Director due to time constraint or in consideration to the scheduled activities prior to the opening of the Competition. All team delegations must attend to confirm their participation.
- B. During the Sport Entries Check, the registered Coach and/or the Asst. Coach shall submit their **Official Final Entry** (only one boxer per weight category is allowed) and shall present all of the following to pass the Sport Entries Check:
 1. Authentic 2023 PSC-PNG Identification Card of each boxer.
 2. Boxer's Record Book of each boxer fully accomplished and attached with 2" x 2" ID picture
 3. Copy of the Medical Certificate issued within 1 month from the first day of the competition
 4. A pair of boxer's uniform
 5. Boxers' gumshield and hand wrap
 6. Waiver of Liability
 7. Declaration of Non-Pregnancy (for female boxers)
- C. Please refer to Rule 6 of the IBA Technical and Competition Rules for other provisions in the Sport Entries Check.
- D. The boxers shall not report during the Sport Entries Check

V- Official Draw

- A. Official Draw shall be conducted right after the Sport Entries Check.
- B. **Only the entries who passed the Sport Entries Check shall be considered in the Official Draw.**
- C. Computerized Draw by Swiss Timing System shall be used. If Swiss Timing System is not available, Manual Draw shall be done.
- D. Each team may send up to three (2) representative to attend the Draw.
- E. **A separate Draw for Youth boxers aging 17-18 years old shall be done to comply with the IBA Technical and Competition Rules dated May 13, 2023.**

VI- Daily Weigh-In

- A. Weigh in and Medical check is at at 7:00am to 8:00 am daily. Only the boxers scheduled to box on the day shall be checked and weighed.

- B. The weight registered in the Sport Entries Check decides the Boxer's Weight Category for the entire competition.
- C. During the Boxer's first daily weigh-in of the competition, both the minimum and the maximum weights are controlled. The boxer's weight must not not exceed the maximum weight limit nor below the minimum weight limit. On the succeeding boxer's daily weigh-in only the maximum weight limit shall be controlled
- D. The Weigh-In must be conducted by Competition Officials appointed by the Tournament Director. No coach is allowed inside the final weighing room.
- E. Boxers who do not comply with the requirements shall not be allowed to compete.

VII- **Rounds**

- A. Three (3) rounds of three (3) minutes per round and 1-minute interval between rounds

VIII- **Compulsory Count Limits**

- A. Three (3) Knockdowns in a round, or four (4) knockdowns in a bout.

Note: A "down" or a "count" caused by a foul shall not be counted in the compulsory count limit

IX- **Boxer's Uniform and Accessories**

- A. Men boxers shall box wearing a vest (singlet) and shorts depending on their assigned corner. Women boxers have to wear a vest and either shorts or skirt. The length of the short/skirt must not be shorter than mid-thigh, cannot cover the knee and must not be worn above the belt line.
- B. The vest and short can be in the Boxer's delegation color or in red or blue color according to the Boxer's respective corner allocation
- C. The belt line must be clearly identified by a contrasting color to the shorts and vest and must be 6-10 cm wide.
- D. A boxer must box in boxing appropriate footwear such as shoes or light boots (without spikes and raised heels).
- E. A boxer may wear socks but it must not be higher than the knee No boxer shall be allowed to box with any tape in his body or uniform except a kinesio taping at the back and below his waist.
- F. A boxer must wear a gum shield during every bout. No red or partially red gum shield may be worn. The team shall provide the gum shield and hand wraps of their boxers.
- G. Women boxers shall wear a hair net during the bout.
- H. **No boxer will be allowed to box not wearing the proper uniform**

X- **Seconds**

- A. Each shall be entitled to be accompanied to the ring by up to three **Seconds**. However, **only** two (2) Seconds may mount the apron of the ring and one (1) may enter
- B. Second must have a towel for the boxer. Second may indicate retirement of the Boxer by throwing the towel into the ring when this Boxer is considered to be unfit or unable to continue boxing, except when the Referee is in the course of counting.
- C. Seconds can only use transparent water bottle
- D. Seconds should wear sports attire only. Slippers and denim pants are not allowed.

E. Prohibited Activities for the Seconds

1. Seconds should refrain from standing and/or encouraging or incite spectators by words or signs during the progress of the round. Seconds will not be allowed to touch the ring during the bout, cause scandal or disturb the competition
2. Seconds will not be permitted to walk off Seconds' designated area with disagreed actions against the Referee
3. Seconds will not be permitted to throw any item in to the ring to demonstrate a disagreement or to kick any chair or water bottle or to take any action that may deemed as unsportsmanlike behavior
4. The use of any communication device such as but not limited to cellphone, walkie talkie, etc. is not permitted during the bout in the FOP
5. Boxers cannot be used as seconds.

F. Sanctions (refer to Rule 16.4 of the AOB Technical and Competition Rules)

XI- Scoring System

- A. Ten-Point Must Scoring System shall be implemented
- B. Five Judges shall be selected to judge each bout. All their scores shall be counted.
- C. The result of the bout shall be announced immediately after each bout

XII- Protest

A. Questions on technicality and eligibility of a boxer on medical-related issues shall be dealt with accordingly and shall be referred to the IBA Technical and Competition Rules. Issues shall be resolved immediately by the Tournament Director.

B. There is no protest on the result of bouts in IBA Open Boxing. The decision of the judges is final.

C. The Tournament Director will immediately suspend a Referee and/or Judge for the rest of the Competition Day for any wrongdoing. Once the Competition is completed, the TD will discuss with the R&J Evaluators any further recommendation regarding sanctioning the Referee and/or Judge.

XIII- BOXING EQUIPMENT

- A. Gloves , Head Guards, and Cup Protectors shall be provided by the Philippine Sports Commission
- B. Boxing equipment must be returned to the Equipment Manager immediately after use.

XIV- REFEREE/JUDGE AND TECHNICAL OFFICIALS

- A. Only accredited officials endorsed by ABAP shall officiate in the tournament.

XV- AWARDS: PSC will provide the following awards and prizes.

- A. Medals: A gold medal will be awarded to the champion in each Weight Category, a silver medal for the runner-up, and Bronze medals will be awarded to the 2 losers in the semi-finals.
- B. Certificate of Participation shall be awarded to all Boxers and Coaches and a Certificate of Recognition to the winning coaches

C. Certificate of Appreciation/Recognition for the Technical Officials

XVI- Other provisions not specified/stated in this Technical Guidelines shall be supplemented by the latest IBA Technical and Competition Rules (dated May 13, 2023)

XVII- Awarding Ceremony

- A. All medalists are encouraged to participate in the Awarding Ceremony.
- B. They shall be dressed properly with their Team Uniform.
- C. There will be ten (24) gold, ten (24) silver and twenty (48) bronze medals to be awarded.

XVIII- Schedule of Activities

Date	Time	Activity	Persons Involved
December 15, 2023		Arrival and Registration	Technical Officials, Boxers and Coaches
December 16, 2023	08:00 - 12:00	Refresher Course	TD, ATD and Technical Officials
	13:00- 17:00		
	13:00- 17:00	Sport Entries Check and Draw	TD, ATD, Assigned TOs, Coaches
December 17, 2023	08:00 – 12:00	Solidarity Meeting/ Refresher Course	TD, ATD, Assigned TOs, Coaches
	13:00 onwards	Opening Program	Technical Officials, Boxers and Coaches
December 18, 2023	07:00 – 08:00	Medical Check and Daily Weigh-in	Technical Officials, Boxers and Coaches
	14:00 onwards	Elimination Bouts	Technical Officials, Boxers and Coaches
December 19, 2023	07:00 - 08:00	Medical Check and Daily Weigh-in	Technical Officials, Boxers and Coaches
	14:00 onwards	Quarter Finals	Technical Officials, Boxers and Coaches
December 20, 2023	07:00 – 08:00	Medical Check and Daily Weigh-in	Technical Officials, Boxers and Coaches
	14:00 onwards	Quarter Finals	Technical Officials, Boxers and Coaches
December 21, 2023	07:00 - 08:00	Medical Check and Daily Weigh-in	Technical Officials, Boxers and Coaches
	14:00 onwards	Semi-Final Bouts	Technical Officials, Boxers and Coaches
December 22, 2023	07:00 – 08:00	Medical Check and Daily Weigh-in	Technical Officials, Boxers and Coaches
	14:00 onwards	Final Bouts and Awarding	Technical Officials, Boxers, Coaches and awards Committee
December 23, 2023		Departure	

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