



WRESTLING ASSOCIATION OF THE PHILIPPINES



National Wrestling Gym, 3rd floor, SMAP Bldg., Rizal Memorial Sports Complex, Manila

Technical Guidelines for WRESTLING Batang Pinoy and Philippine National Games

- The Wrestling portion of the event shall showcase Freestyle, Greco – Roman , Freestyle Women’s and Grappling open to all from to kids Division and onwards.

- **Events per Group**

We shall have a Seven (7) age groups for the wrestling event. There are:

1. Kids 1 (7- 8 years old)
2. Kids 2 (9-11 years old)
3. Kids 3 (12-13 years old)
4. U15 (14-15 years old)
5. U17 (16-17 years old)
6. Junior (18-20 years old)
7. Senior (21 years old -upward)

- **Weight Division for Wrestling**

The weight division for the following Age group.

- **KIDS 1 (7 – 8 years old) and KIDS 2 (9-11 years old)**

Boys	Girls
1. 26kg	1.26kg
2. 29kg	2.28kg
3. 32kg	3.30kg
4. 35kg	4.32kg
5. 38kg	5.34kg
6. 41kg	6.37kg

○ **KIDS 3 (12-13 years old)**

BOYS

1. 26kg
2. 29kg
3. 32kg
4. 35kg
5. 38kg
6. 47kg
7. 53kg
8. 59kg
9. 66kg

GIRLS

1. 26kg
2. 28kg
3. 30kg
4. 32kg
5. 34kg
6. 40kg
7. 44kg
8. 48kg
9. 52kg

○ **U15 (14-15years old)**

BOYS

1. 34-38kg
2. 41kg
3. 44kg
4. 48kg
5. 52kg
6. 57kg
7. 62kg
8. 68kg
9. 75kg
10. 85kg

GIRLS

1. 29-33kg
2. 36kg
3. 39kg
4. 42kg
5. 46kg
6. 50kg
7. 54kg
8. 58kg
9. 62kg
- 10.66kg

○ **U17 (16-17years old)**

BOYS

1. 41-45kg
2. 48kg
3. 51kg
4. 55kg
5. 60kg
6. 65kg
7. 71kg
8. 80kg
9. 92kg

GIRLS

1. 36-40kg
2. 43kg
3. 46kg
4. 49kg
5. 53kg
6. 57kg
7. 61kg
8. 65kg
9. 69kg

10. 110kg

10.73kg

○ **JUNIOR AND SENIOR- FREESTYLE AND GRECO – ROMAN**

FREESTYLE GRECO -ROMAN FOR SENIOR ONLY

1. 57kg

1. 55kg

2. 61kg

2. 60kg

3. 65kg

3. 63kg

4. 70kg

4. 67kg

5. 74kg

5. 72kg

6. 79kg

6. 77kg

7. 86kg

7. 82kg

8. 92kg

8. 87kg

9. 97kg

9. 97kg

10. 125kg

10.130kg

○ **JUNIOR AND SENIOR - WOMEN'S FREESTYLE**

1. 50kg

2. 53kg

3. 55kg

4. 57kg

5. 59kg

6. 62kg

7. 65kg

8. 68kg

9. 72kg

10. 76kg

• **Weight Division for Grappling**

The weight division for the following Age group.

○ **KIDS 1 (6 -7 years old)**

Boys Girls

1. 20kg

2. 23kg

3. 35kg

- 4. 37kg
- 5. 30kg
- 6. 33kg
- 7. 35kg
- 8. 39kg

○ **KIDS 2 (8-9 years old)**

Boys Girls

- 1. 25kg
- 2. 27kg
- 3. 30kg
- 4. 32kg
- 5. 34kg
- 6. 36kg
- 7. 39kg
- 8. 42kg
- 9. 45kg
- 10. 50kg
- 11. 55kg

○ **KIDS 3 (10-11 years old)**

Boys Girls

- 1. 30kg
- 2. 32kg
- 3. 34kg
- 4. 36kg
- 5. 39kg
- 6. 41kg
- 7. 43kg
- 8. 46kg
- 9. 50kg
- 10. 55kg
- 11. 59kg

○ **U13 (12-13years old)**

BOYS

- 1. 27kg
- 2. 30kg

GIRLS

- 1. 27kg
- 2. 30kg

- | | |
|----------|---------|
| 3. 34kg | 3. 34kg |
| 4. 38kg | 4. 38kg |
| 5. 42kg | 5. 42kg |
| 6. 46kg | 6. 46kg |
| 7. 50kg | 7. 50kg |
| 8. 55kg | 8. 72kg |
| 9. 60kg | |
| 10. 66kg | |
| 11. 72kg | |
| 12. 90kg | |

○ **U15 (14-15 years old)**

- | BOYS | GIRLS |
|-------------|--------------|
| 1. 29-32kg | 1. 28-30kg |
| 2. 35kg | 2. 32kg |
| 3. 38kg | 3. 34kg |
| 4. 42kg | 4. 37kg |
| 5. 47kg | 5. 40kg |
| 6. 53kg | 6. 44kg |
| 7. 59kg | 7. 48kg |
| 8. 66kg | 8. 52kg |
| 9. 73kg | 9. 57kg |
| 10. 100kg | 10. 80kg |

○ **CADETS (16-17 years old)**

- | BOYS | GIRLS |
|-------------|--------------|
| 1. 39-42kg | 1. 36-38kg |
| 2. 46kg | 2. 40kg |
| 3. 50kg | 3. 43kg |
| 4. 54kg | 4. 46kg |
| 5. 58kg | 5. 49kg |
| 6. 63kg | 6. 52kg |
| 7. 69kg | 7. 56kg |
| 8. 76kg | 8. 60kg |
| 9. 85kg | 9. 65kg |
| 10. 110kg | 10. 90kg |

○ JUNIORS (18-20 years old)

BOYS

1. 58kg
2. 62kg
3. 66kg
4. 71kg
5. 77kg
6. 84kg
7. 92kg
8. 130kg

GIRLS

1. 49kg
2. 53kg
3. 58kg
4. 64kg
5. 71kg
6. 90kg

SENIORS (20 and older)

BOYS

1. 62kg
2. 66kg
3. 71kg
4. 77kg
5. 84kg
6. 92kg
7. 100kg
8. 130kg

GIRLS

1. 53kg
2. 58kg
3. 64kg
4. 71kg
5. 90kg

WRESTLING GUIDELINES

- **Venue and Schedule**

The venue will be announced, the event proper shall be held on **December 17 to December 22 2023.**

Meeting and Opening Ceremony:

December 17, 2023 – Team Managers Meeting and Solidarity Meeting is 8:30AM to 10:30AM

Technical Meeting and Draw lots for Batang Pinoy and Philippine National Games will be on

December 17, 2023 After the Team managers meeting and Solidarity meeting

December 17, 2023 – 3PM Assembly time

December 17, 2023 – 5PM Parade / Opening Ceremony at Rizal Memorial Track oval

The weigh- ins for BATANG PINOY will be on December 17, 2023

December 18, 2022 and the game proper will start at 9AM for Kids 1,2,3

December 19,2023 and the game proper will start at 9AM for U15 and U17

December 20,2023 Awarding Ceremony for Batang Pinoy

December 21,2023 at 7AM weigh - ins for Junior - FS and FW and the game proper will start at 10AM

December 22,2023 at 7AM weigh- ins for Senior – GR, FS and FW and the game proper will start at 10AM

December 22,2023 Awarding Ceremony for Philippine National Games- Junior and Senior event in the Afternoon.

The matches shall be released once the bracket has been completed.

• **Ground Rules**

- The UWW International rules, which all of our coaches are familiar with, will be strictly observed – except for a few exceptions stipulated herein.
- Each club is allowed to have two (2) participants per weight category in the event, but not allowed for double entry for each style.
- All LGU teams must submit their final entries on December 10, 2023 prior to the event together with **entry form** and **waiver for minor age participants** and shall be sent via email to phil@uww.org or you may send messages through this mobile number **0927681 3685 (Melchor Tumasias – WRESTLING Head Coach)** **for your inquiries**
- We will be also using the new and updated rules of the UWW in this event.
- No gold medal will be given to one entry in a weight class; there must always be 2 or more entries per weight class for its competition to be officially held, and its winner to be awarded accordingly.

In cases of such lone entries, the technical officials in consultation with the concerned coaches shall assign the particular athletes to be in a higher weight class where they will compete with the other participants.

The technical officials, as much as possible, shall see to it that a wrestler will compete in other weight class that is only one category higher than his/her actual weight class – to avoid playing against who is /are two weight classes heavier for **safety reason**.

- Each participant is allowed only 30 minutes to make weight after he / she is first called to officially weigh – in the scale.
- Each participant is required to wear competition uniform upon entering the mats.