

# COMPETITION SCHEDULE (2023 Batang Pinoy-Philippine National Games CYCLING)

		CRI	TERIUM		
Date	Time	Event	Description	Venue	
December 18	0800	BP Girls 13 & Under	30 mins + 3 laps	Praying Hands/Tagaytay City Atrium	
	0845	BP Boys 13 & Under	30 mins + 3 laps	2.14 kms Circuit	
	0900	BP Girls 14-15	30 mins + 3 laps		
	0945	BP Boys 14-15	30 mins + 3 laps		
	1030	BP Girls 16-17	45 mins + 3 laps		
	1130	BP Boys 16-17	45 mins + 3 laps		
	1300	MEDAL CER	REMONY		
	1345	PNG Women	1 hour + 3 laps		
	1515	PNG Men	1 hour + 3 laps		
	1645	MEDAL CER	EMONY		
		INDIVIDU	AL TIME TRIAL	·	
Date	Time	Event	Description	Venue	
December 19	0800	BP Girls Under 14	5.38 kms	Tuy and Nasugbu	
		BP Boys Under 14	8.60 kms		
	(Gaps to	BP Girls 14-15	10.68 kms		
	be based	BP Boys 14-15	10.68 kms		
	on actual	BP Girls 16-17	14.34 kms		
	number	BP Boys 16-17	14.34 km		
	of entries.	PNG Women	19.91 kms		
		PNG Men	25.78 kms		
ROAD RACE - Batang Pinoy					
Date	Time	Event	Description	Venue	
December 20	0900	Girls 16-17	44 kms	Tuy, Lian and Balayan	
	1100	Boys 16-17	88 kms		
	1400	MEDAL CER	EMONY	Praying Hands Tagaytay City	
		(ITT and Batang	g Pinoy Boys		
		& Girls Roa	d 16-17)		
		ROAD RACE – Phili	ppine National Gar	nes	
Date	Time	Event	Description	Venue	
December 21	0900	Women	134 kms	Tagaytay, Nasugbu, Lian, Balayan,	
				Tuy, Calaca, Agoncillo and Laurel (via	
				Sampaloc).	
	MEDAL C	EREMONY (30 mins res	ults validation)	Praying Hands Tagaytay City	
	ROAD RACE – Philippine National Games				
Date	Time	Event	Description	Venue	
December 22	0800	Men	178.30 kms	Tagaytay, Nasugbu, Lian, Balayan,	
				Tuy, Calaca, Agoncillo and Laurel (via	
				Sampaloc).	
	MEDAL CER	EMONY (30 mins after	Praying Hands Tagaytay City		



#### CRITERIUM



#### INDIVIDUAL TIME TRIAL (ITT)



#### **BATANG PINOY BOYS ROAD**



#### **BATANG PINOY GIRLS ROAD**



#### PNG WOMEN ROAD



#### PNG MEN ROAD





# LANDMARKS

Praying Hands Tagaytay City



Finish for ALL Individual Time Trial (ITT)



Start for Batang Pinoy Girls Under 14 ITT



Start for Batang Pinoy Boys Under 14 ITT



### Start for Batang Pinoy Boy & Girls 14-15 ITT



#### Start for Batang Pinoy Boy & Girls 16-17 ITT



Start for PNG Women ITT



Start for PNG Men ITT







# CYCLING SPECIFIC REGULATIONS Philippine National Games-Batang Pinoy 2023 ROAD

#### Article 1. ORGANIZATION

- 1.1 The Road Cycling Competitions of the 2023 Philippine National Games (PNG) and Batang Pinoy National Championships are organized by the Philippine Sports Commission (PSC).
- 1.2 The competitions are supervised by the Integrated Cycling Federation of the Philippines (PhilCycling), the national association of the sport recognized by the PSC and the Philippine Olympic Committee.

#### Article 2. CATEGORIES AND EVENTS

Categories	Individual Time Trial (ITT)	Criterium	Individual Road Race (IRR)	TOTAL
PNG Men (18 above)	х	х	х	3
PNG Women (18 above)	х	х	х	3
BP - Boys 16-17	х	х	х	3
BP - Girls 16-17	х	х	х	3
BP - Boys 14-15	х	х		2
BP - Girls 14-15	х	х		2
BP - Boys Under 14	х	х		2
BP - Girls Under 14	х	Х		2
TOTAL	8	8	4	20

#### Article 3. PARTICIPATION

3.1 The events are open to Riders/Cyclists representing their respective Local Government Units (LGUs—city or province).

3.2 LGUs shall register their athletes online through a PSC-designated portal.



# 3.3 An LGU shall enter a maximum of Two (02) athletes per category and event.

3.4 An athlete/rider/cyclist shall participate in no more than Two (02) events.

### Article 4. RACE HEADQUARTERS

TBA

### Article 7. COMMISSAIRES' PANEL

President of Commissaires Panel	ТВА
Commissaire 2	ТВА
Commissaire 3	ТВА

### Article 8. MEDICAL SERVICE

There shall be Two (02) Ambulance Units (Paramedics Team) that shall be dedicated to the Races/Race Column, One (01) Medical Team that shall be stationed at the Start/Finish Area and Eight (08) Ambulance Units stationed along the road/highway in each Local Government Units in the race routes.

### Article 8. RACE HEADQUARTERS

TBA

### Article 9. LICENSES CONTROL/NUMBERS AND TRANSPONDER DISTRIBUTION

THE License Control and Distribution of Race/Bike Numbers and Transponder shall be from Time, Date and Venue (TBA).







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#### Article 9. COMPETITION/EVENTS SCHEDULE

		Cr	iterium	
Date	Time	Event	Description	Venue
December 18	0800	BP Girls Under 14	30 mins + 3 laps	Praying Hands/Tagaytay City Atrium
	0845	BP Boys Under 14	30 mins + 3 laps	2.1-km Circuit
	0900	BP Girls 14-15	30 mins + 3 laps	
	0945	BP Boys 14-15	30 mins + 3 laps	
	1030	BP Girls 16-17	45 mins + 3 laps	
	1130	BP Boys 16-17	45 mins + 3 laps	
	1300	PNG Women	1 hour + 3 laps	
	1415	PNG Men	1 hour + 3 laps	
		Individu	ial Time Trial	
Date	Time	Event	Description	Venue
December 19	0800	BP Girls Under 14	10 kms	First District Batangas, City of Calaca,
	(a )	BP Boys Under 14	10 kms	Nasugbu, Tuy, Balayan, Agoncillo, Laurel and Lian.
	(Gaps to be based on	BP Girls 14-15	12 kms	
	actual number of entries.	BP Boys 14-15	12 kms	
		BP Girls 16-17	15 kms	
		BP Boys 16-17	15 kms	
		PNG Women	20 kms	
		PNG Men	25 kms	
		Road Race	- Batang Pinoy	
Date	Time	Event	Description	Venue
December 20	0800	Girls 16-17	60 kms	Tagaytay City, Eighth District Cavite, First
	1100	Boys 16-17	80 kms	District Batangas, City of Calaca, Nasugbu, Tuy, Balayan, Agoncillo, Laurel and Lian.
		Road Race – Phili	ppine National Games	
Date	Time	Event	Description	Venue
December 21	0900	PNG Women	120 kms	Tagaytay City, Eighth District Cavite, First District Batangas, City of Calaca, Nasugbu, Tuy, Balayan, Agoncillo, Laurel and Lian. (Via Sampaloc or Sungay)
Road Race – Philippine National Games				
Date	Time	Event	Description	Venue
December 22	0800	PNG Men	170 kms	Tagaytay City, Eighth District Cavite, First District Batangas, City of Calaca, Nasugbu, Tuy, Balayan, Agoncillo, Laurel and Lian. (Via Sampaloc or Sungay)





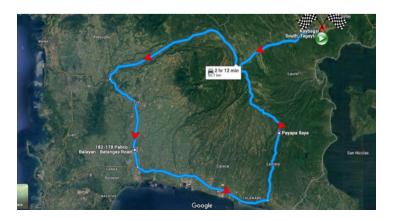
December 16	Arrival of Technical Officials/Motorcycle Marshalls/Secretariat/Medical/Timing/Drivers/Staff		
17	Time	Activity	Venue
	0800	Technical Officials/Motorcycle Marshals Meeting	ТВА
	0930 Registration and Distribution Race Kits (Bike and Body Nun and Transponders		ТВА
	1000	Team Managers and Coaches Meeting	ТВА
	ТВА	Solidarity Meeting	ТВА

### Article 11. ROUTES AND MAPS (Subjective to revisions)

# INDIVIDUAL ROAD RACE/BATANG PINOY

Tagaytay City-Mendez-Alfonso-Nasugbu-Lian-Tuy-Balayan-Calaca-Lemery-Agoncillo-Laurel-Talisay.

Distance: 80 kms

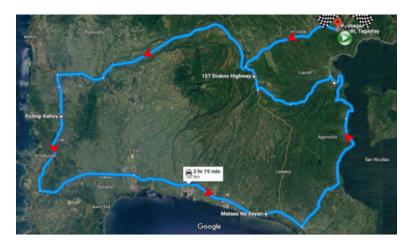




# INDIVIDUAL ROAD RACE/PHILIPPINE NATIONAL GAMES

Tagaytay City-Mendez-Alfonso-Nasugbu-Lian-Tuy-Balayan-Calaca-Lemery-Agoncillo-Laurel-Talisay.

Distance: 170 kms



### CRITERIUM

Tagaytay City Atrium, Barangay Kaybagal South (Landmarks: Praying Hands and Sky Ranch) Isaac Tolentino Avenue (Tagaytay-Nasugbu Highway), Akle, Mahogany and Crisanto de los Reyes Avenue.

Distance: 2.2-km circuit





## INDIVIDUAL TIME TRIAL (ITT)

Calaca-Balayan-Lian-Nasugbu (Tagaytay-Nasugbu Highway) Distance: 25 kms



### Article 12. MUSTERING AND SIGN ON

All riders/cyclists must present themselves for Sign On and Mustering One (01) Hour before the start of each event.

### Article 13. STARTING ORDER IN ITT and START PROCEDURE FOR INDIVIDUAL ROAD RACE

12. 1 THE starting order for the Individual Time Trial (ITT) races shall be composed by the commissaires and communicated through the Philippine Sports Commission. In the ITT, the start interval will be one minute.

#### Article 14. BICYCLES AND EQUIPMENT CONTROL

14.1 Standard Road Bikes shall be used in all categories and events.

14.2 Aerobars are allowed in ITT races, but disc wheels and aero helmets are not permitted.

14.3 All riders/cyclists must present their equipment for inspection by commissaires One (01) Hour before the start of competitions.

14.4 Gear rations shall not be applied.

#### Article 15. NEUTRAL TECHNICAL SUPPORT

Technical support shall be provided by Three (03) neutral vehicles only during the Individual Road Race.



### Article 16. FEEDING AND TEAM SUPPORT

16.1 Feeding shall be allowed at a designated pit during the Criterium Races.

16.2 There shall be no feeding during ITT races.

16.3 Static hydration/feeding stations will be located at specified sections of the Individual Road Races.

16.4 Team support for Technical Assistance/Recognized Mishaps/Mechanical Issues shall be at a designated location in the Criterium Races.

16.5 Team support on motorcycles are not allowed in any and all of the races/events except for recognized mishaps or mechanical issues.

#### Article 17. CURFEW

Time limit for Individual Road Races is 10 percent.

#### Article 18. AWARDS CEREMONIES AND MEDIA INTERVIEWS

18.1 The 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> placers shall be awarded the gold, silver and bronze medals.

18.2 The awarding ceremonies shall take place no more than 30 minutes after the Official Result for each category/event was signed by the Chief Judge.

18.3 The Top 3 placers shall make themselves immediately available for the Medal Ceremony and shall wear their complete jerseys. Fines shall be slapped on the teams and coaches whose athletes are not available during the medal ceremony.

18.3 All riders/cyclists specially the Top 3 placers in all events and categories shall make themselves available for media interviews.

#### Article 19. ANTI-DOPING

ANTI-DOPING controls according to the regulations of the UCI will be announced.



### Article 20. CLOTHING

Clothing shall only be UCI-regulation—jerseys, shorts and socks (must not exceed the halfway mark between the edge of the angles and the bottom of the knees). Regulation helmets are mandatory. Unauthorized clothing or apparel is forbidden.

#### Article 21. PENALTIES

Penalties shall be applied in accordance with the UCI regulations.

#### Article 22. WASTE DISPOSAL

Riders caught throwing empty bottles, peels, trash or the shall will be disqualified. Coaches and team officials and staff caught littering shall be fined.

#### Article 23. PROTESTS

Protests shall be in written form and filed within 30 minutes after the first rider has crossed the finish line and with a corresponding fee of PhP \_\_\_\_\_\_ to be filed with the Philippine Sports Commission PNG and Batang Pinoy Secretariat. All protests will be decided on site by the Panel of Commissaires.

#### Article 24. RESPONSIBILITIES

24.1 The PSC and the PhilCycling shall not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

24.2 For all cases not covered by these specific regulations, the UCI rules will apply.





# **Article 25. RELEVANT CONTACTS AND INFORMATION**

Integrated Cycling Federation of the Philippines (ICFP-PhilCycling)			
President	dent Rep. Abraham N. Tolentino		
Secretary General Atty. Avelino Suumagui			
Address	Address Sumagui Law Office, Mendez Crossing, Tagaytay City 4120, Philippines		
Telephone +63464131295			
Email philcycling@gmail.com, ant_ncfpsecgen@yahoo.com.ph			

Technical Director/PNG-Batang Pinoy Cycling Competitions				
Lorenzo "Jun" Lomibao Jr.	+639156391164	junlomib@yahoo.com		

Integrated Cycling Federation of the Philippines (ICFP-PhilCycling) Board of Trustees				
Chairman	Alberto D. Lina	Trustee	Lorenzo Lomibao Jr.	
President	Rep. Abraham N. Tolentino	Trustee	Sunshine Joy Mendoza	
Vice President	Oscar Rodriguez	Trustee	Juancho Ramores	
Secretary General	Atty. Avelino Sumagui	Trustee	Paquito Rivas	
Treasurer	Alejandro Vidallo	Trustee	Jose Villa	
Auditor	Engr. Greg Monreal	Trustee	Jaideep Chulani (Deceased)	
Trustee	Atty. Marcus Andaya	Trustee	Carlos Gredonia (Deceased)	
Trustee	Erwin Bollozos	Trustee	Athletes Commission Representative	

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# CYCLING SPECIFIC REGULATIONS

### Philippine National Games-Batang Pinoy 2023

# **MOUNTAIN BIKE**

# Article 1. ORGANIZATION

- 1.1 The Mountain Bike & BMX Competitions of the 2023 Philippine National Games (PNG) and Batang Pinoy National Championships are organized by the Philippine Sports Commission (PSC).
- 1.2 The competitions are supervised by the Integrated Cycling Federation of the Philippines (PhilCycling), the national association of the sport recognized by the PSC and the Philippine Olympic Committee.
- 1.3 Competition Venue for 2023 shall be in Indang, Cavite.

# Article 2. CATEGORIES AND EVENTS

	MTB XCO*	MTB XCE*	TOTAL
PNG Men (18 above)	х	Х	2
PNG Women (18 above)	х	Х	2
Batang Pinoy Boys 16-17	х	Х	2
Batang Pinoy Girls 16-17	х	Х	2
Batang Pinoy Boys 14-15	х	Х	2
Batang Pinoy Girls 14-15	х	Х	2
Batang Pinoy Boys Under 14	х	Х	2
Batang Pinoy Girls Under 14	Х	Х	2
TOTAL	8	8	16



# Article 3. PARTICIPATION

- 3.1 The events are open to Riders/Cyclists representing their respective Local Government Units (LGUs—city or province).
- 3.2 LGUs shall register their athletes online through a PSC-designated portal.
- 3.3 An LGU shall enter a maximum of Two (02) athletes per category and event.
- 3.4 An athlete/rider/cyclist shall participate in no more than Two (02) events.

# Article 4. CROSS-COUNTRY OLYMPIC (XCO) FORMAT

4.2.001 The duration and lap length of cross-country Olympic event in the different race classifications in the table below must lie within the following ranges or as close as possible to the race length (in hours and minutes).

4.2.002 The course for a cross-country Olympic event should use an attractive lay-out to encourage easy viewing for spectators and any television coverage. Double feed/technical assistance zones are strongly recommended.

Article 4. CROSS-COUNTRY ELIMINATOR (XCE) FORMAT

4.2.010 The course for a cross-country eliminator race must be between 500m and 1000m and

include natural and/or artificial obstacles, in conformity with article 4.2.009. The whole course must be 100% rideable, single track sections normally are avoided and where possible the course normally has not more than one 180° turn. The start and finish area must be separated in order to allow short race program. Obstacles such as trees, stairs (up/down), drops, bridges or wooden constructions can create a dynamic short race.

4.2.012 The race numbers for the main event are allocated on the basis of the results of the qualifying round, starting with the number 1 for the winner of the qualifying round.

The main event comprises elimination heats in which the groups of riders are matched as shown in the tables in Annexes 5 - XCE competition formats. Heat order: – men first until women come to equal heat system; – finals: women small

final followed by; – men small final followed by women big final and followed by men big final. Intentional contact by pushing, pulling or other means which causes another competitor to slow down, fall or exit the course is not allowed and results in disqualification for breach of UCI rules (DSQ) of the originator.

At the sole discretion of the commissaires' panel, a rider can be announced relegated (REL) and will be given a heat position different to that of his actual finish. Riders who are DNF, DSQ or DNS in the semi-finals may not enter the small final.

The final classification of the competition is drawn up in groups in the following order:

1. all riders competing in the big final, except for riders DSQ.

2. all riders competing in the small final, except for riders DSQ.

**3.** riders DNF or DNS in the semi-finals.

**4.** the classification of the other riders is determined by the round reached, then by the classification in their heat, then by their race number.

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# SPECIFIC REGULATIONS

Philippine National Games-Batang Pinoy 2023

CATEGORI'ES	BMX Racing	BMX Park	BMX Flatland	TOTAL
PNG Men (18 above)	х	х	Х	8
PNG Women (18 above)	х	Х	Х	8
Batang Pinoy Boys 16-17	х	Х	Х	8
Batang Pinoy Girls 16-17	х	х	Х	8
Batang Pinoy Boys 14-15	Х	Х	Х	7
Batang Pinoy Girls 14-15	х	х	Х	7
Batang Pinoy Boys Under 14	х	х	Х	7
Batang Pinoy Girls Under 14	х	Х	Х	7
TOTAL	8	8	8	24

# **BMX RACING and FREESTYLE**

### Article 5. BMX RACING FORMAT

**BMX Racing Competition Format** 

6.1.021During all Phases of a BMX Racing event, heats consisting of eight or lessriders formthe basic unit of competition.

Following riders confirmation, the riders confirmed in each category shall be seeded into a number of heats of at most eight riders, as defined in Annex 1. In case two or more categories were combined together as described in articles 6.1.012 and 6.1.013, it is the combined categories that shall be seeded in this way.







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# 6.1.022 A BMX Racing event is composed of three Phases:

- a. The Motos
- b. The Qualifiers
- c. The Final

# Article 5. BMX FREESTYLE (PARK & FLATLAND) FORMAT

# BMX Park

- a. Men: 14 | Women: 7
- b. Men: 4/5/5 Athletes per group/heat (3 heats)Women: 7 Athletes per group/heat (1 heat)
- c. 2 runs for each rider
- d. 60 seconds per run
- e. Judging on overall impression
- Qualification Run 2 runs. Both runs count, average score for both runs.
- Final Run 2 runs each rider. Best run will count. Judges will select which is best of 1<sup>st</sup> run from the 2<sup>nd</sup> run.
  - Men: Top 12 athletes to be selected from qualifiers
  - Women: Top 4 athletes to be selected from qualifiers

# **BMX** Flatland

- a. Men: 10 | Women: 7
- b. Men: 5/5 Athletes per group/heat (2 heats)
  Women: 7 Athletes per group/heat (1 heat)
- c. 1 run for each rider
- d. 180 seconds per run
- e. Judging on overall impression
- Qualification Run 1 run each rider for 3 minutes
- Final Round –1 run. 3 minutes. (Same format)
  - Men: Top 8 Athletes to be selected
  - Women: Top 4 Athletes to be selected

Article 6. RACE HEADQUARTERS - Tagaytay BMX Track, Tagaytay City, Cavite





Article 7. COMMISSAIRES' PANEL

President of Commissaires Panel	ТВА
Assistant President Commissaire Panel	ТВА
Secretary Commissaire	ТВА
Start/Finish Commissaire	ТВА
FTZ Commissaire	ТВА

Article 8. MEDICAL SERVICE

There shall be Two (02) Ambulance Units (Paramedics Team) that shall be dedicated to the Races/Race Column, One (01) Medical Team that shall be stationed at the Start/Finish Area and one (1) Ambulance Unit stationed along the approximated middle distance of race course, at the critical areas.

Article 9. LICENSES CONTROL/NUMBERS AND TRANSPONDER DISTRIBUTION

The Time, Date and Venue of License Control and Distribution of Race/Bike Numbers and Transponder (Race Kit) shall be announced whenever practicable.

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