**WAIVER & RELEASE FORM**

I, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, PNG participating athlete,

Filipino citizens and with address at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

hereby declare under oath:

1. I am participating in the Philippine National Games 2023 (hereinafter called “Tournament”) to be held on 16-22 December 2023 in Metro Manila by my own will or choice.
2. I am in good physical condition and I am not aware of any physical infirmity that would place me at risk in participation in any way in the “Tournament”.
3. I am fully aware of the risks and hazards connected with all tournament activities, including the travel to-and-from “The Tournament”.
4. I am voluntarily assume full responsibility for any risk, loss, property damage, or personal injury that may be sustained, arising out or in connection with my participation in “The Tournament”, and hereby agree to indemnify, hold harmless and release the PHILIPPINE SPORTS COMMISSION from any liability or damage, or cost or cause of action that may accrue related in the conduct of the said “Tournament”.
5. During the period of the “Tournament”, I hereby give permission of the assigned medical personnel, assistant or first-aid practitioner to administer appropriate medical attention in the event of any accident, illness or injury.
6. I understand that the PHILIPPINE SPORTS COMMISSION shall take appropriate and reasonable safety precautions and measures to help ensure the safety during the “Tournament”.
7. It is my intent that this Waiver and Release Form shall bind members of my family, heirs and assigns and shall be deemed as a RELEASE, WAIVER, DISCHARGE, and COVENANT NOT TO SUE.
8. I acknowledge and represent that I have read and understood this document and sign it voluntarily; I am at least eighteen (18) years of age and fully competent; and I execute this release for full, adequate and complete consideration and fully intending to be bound by the same.

Signed this \_\_\_\_\_ day of \_\_\_\_\_\_\_\_\_\_\_ 2023 at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, Philippines.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Print Name Signature

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date

**IN CASE OF EMERGENCY**

NAME :

RELATIONSHIP :

CONTACT NUMBER :