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| **TECHNICAL GUIDELINES FOR** WUSHU |

1. **RULES AND REGULATIONS:**

The Competition will be conducted in accordance with the Rules of International Wushu Federation (IWUF) 2017.

1. **COMPETITION VENUE:**

**TBA**

1. **COMPETITION EVENTS:**
2. **Athletes must be born between Jan.1, 2005 to Dec. 31, 1983**

MALE:

48 Kilograms Category (45.01 kg. - 48.0 kg)

52 Kilograms Category (48.01 kg. - 52.0 kg)

56 Kilograms Category (52.01 kg. – 56.0 kg)

60 Kilograms Category (56.01 kg - 60.0 kg)

65 Kilograms Category (61.01 kg- 65.0 kg)

70 Kilograms Category (65.01 kg - 70.0 kg)

75 Kilograms Category (71.01 kg- 75.0 kg)

80 Kilograms Category (71.01 kg- 80.0 kg)

1. **Athletes must be born between Jan.1, 2005 to Dec. 31, 1983**

FEMALE:

48 Kilograms Category (45.01 kg.- 48.0 kg)

52 Kilograms Category (48.01 kg - 52.0 kg)

56 Kilograms Category (52.01 kg.– 56.0 kg)

60 Kilograms Category (56.01 kg - 60.0 kg)

65 Kilograms Category (61.01 kg- 65.0 kg)

70 Kilograms Category (65.01 kg - 70.0 kg)

75 Kilograms Category (71.01 kg- 75.0 kg)

# QUALIFICATIONS

* 1. Philippine National Games is an open tournament for Senior category from 18 to 40 years old. According to the Philippine National Games calendar for the year 2023.
  2. Participation is exclusively through accreditation by a Local Government Unit (LGU), which can be at the provincial, city, or municipal level. No athlete will be accepted without proper accreditation from a specific LGU. Each athlete is allowed to represent only one (1) LGU.

# ENTRY REQUIREMENT

* 1. **Sanda** 
     1. Each team or Local Government Unit may sign-up one (1) competitor for each weight category, and each competitor is allowed to apply for only one (1) weight category.

# COMPETITION METHOD

* 1. **Sanda** 
     1. If the number of competitors in a weight category is three (3) persons, a single round-robin method will be adopted.
     2. If only two or one athlete(s) registered in a weight category, the weight category will be cancelled.
     3. Out of the platform
        1. Using Sanda Platform-International Sanda Rules Applies

6.1.4 The competition will utilize the single-knockout method. However, if the number of athletes in a given weight class is three (3), a round-robin competition method will be adopted.

Following arrival and accreditation, sanda athletes will undergo an initial weigh-in and drawing-of-lots as stipulated in the schedule. See the IWUF Wushu Sanda Competition Rules & Judging Method (2017).

1. **COSTUMES & EQUIPMENTS**
   1. **Sanda** 
      1. Competitor must wear the costumes and protective gears in compliance with the rules during the competition.
      2. Competitor must prepare their own, competition costumes and instep guard, one (1) set in red and one (1) set in blue.
      3. Competitor must prepare their own mouth guard and jockstrap.
      4. The gloves and protective equipment (head guard and chest protector) will be provided by the Organizing Committee.
2. **PLACING & AWARDS**
   1. **Sanda**

1st place: Gold medal and Certificate

2nd place: Silver medal and Certificate

3rd place (juxtaposition): Bronze medal and Certificate

# ENTRIES

* 1. Entries with the events and names of competitors must reach the Philippines Sports Commission via NCR - [BP2023.ncr@gmail](mailto:BP2023.ncr@gmail).
     1. Log in at https://batangpinoy.psc.gov.ph for more details

# REGISTRATION & FINANCIAL CONDITIONS

* 1. Designated billeting will be advised as soon as possible by the Philippine Sports Commission
  2. Teams that wish to stay outside the provided billeting by the Philippine Sports Commission will be responsible for their own expenses.

# COMPETITION MANAGEMENT

* 1. The Wushu Federation of the Philippines Organizing Committee shall be responsible for the competition.

# TECHNICAL MATTERS

* 1. Each team may send representatives to attend the meeting during which matters concerning the competitions will be announced.

# WEIGHT-IN

* 1. A weigh-in must be than before the start of the competition.
  2. Weigh-in shall start with the lighter weight, each to finish in an hour. A competitor who outweighs his/her entered category and fails to reduce his weight within a stipulated time shall not be allowed to compete in the contest.
     1. Each athlete shall be given two (2) chances to get his weight in an hour.
     2. The Final (2nd) weigh-in chance will be the final weight of the athlete.
  3. Competitors will be disqualified if their weighing results do not meet the requirements of their reported weight class.

# VICTORY CEREMONY

* 1. The medalists are required to attend the Victory Ceremony.
  2. The medalists must report to the designated place fifteen (15) minutes before the Victory Ceremony starts, and must wear their team official uniforms.
  3. The medalists are not allowed to wear one-piece suits, gloves, hats, goggles, sunglasses, etc. to attend the award ceremony, and are not allowed to take any religious symbols to or onto the podium.
  4. The medalists who are absent from the Victory ceremony without a valid reason will forfeit the right to receive a medal.
  5. If fewer than three (3) medalists in a single event, no Victory Ceremony will be held for that event. The team leader will go to the designated place to receive medal and certificate.

# OTHER MATTERS

* 1. Each team must strictly abide by the rules and regulations of the competition and compete fairly.
  2. Those who violate the regulations will be dealt with severely in accordance with the relevant regulations of the Wushu Federation of Philippines.
  3. Each team must bring and submit the following items and information when reporting:
     1. Copy of PSA Birth Certificate
     2. Parent/Athlete Consent.
     3. Athlete's medical certificate.
     4. Waiver of Medical Liability to be signed by the and LGU-accredited medical doctor.
     5. Signed Waiver of Liability by the participating team members.
     6. One final registration form.

**NOTE: Copy of Parent/Athlete Consent, Waiver of Liabilities and Waiver of Medical Liability signed by medical doctor should be given at WFP representative during registration, before the official weigh in and draw lots.**

**-------END------**